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How To Use Essential Oils For Healthy Skin: A Complete Guide For Beginners (Essential Oil Treasure Chest Book 2) (English Edition)



Par Kathy Aquino
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Description :

Prsentation de l'diteur Essential oils are wonderfully effective in promoting healthy and happy skin. Many of the most popular skin care and cosmetics products openly state that they mainly rely on essential oils for their effect. If you want to learn all about how essential oils can help you achieve healthy skin, then this book is for you. It will walk you through all the steps, from buying the essential oils, to mixing the essential oil blends, and applying them for maximum effect to treat a variety of skin conditions. Also, since essential oils

can be dangerous if not used properly, this book puts an emphasis on essential oil safety so you don't do yourself any harm. Here are some of the things you will learn: What to look for to ensure you are buying quality essential oils Why price isn't an indicator of an essential oil's quality How not to fall for deceptive marketing by some essential oil companies How to test that an essential oil is safe for you to use Different ways of applying and using essential oils, along with their pros and cons Which essential oils are safe to use if you are pregnant Key essential oils for clearing up acne How to use essential oils to prevent new acne breakouts The single essential oil that helps heal scars, including acne scars Which essential oil blend helps smooth out wrinkles How to use essential oils to balance oily and dry skin How to treat sunburn with essential oils Scroll up and click the Buy now with 1-Click button to get started!

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