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Skin Care Secrets: Look Young Forever by Doing These 5 Simple Things (English Edition)

SKIN CARE SECRETS
LOOK YOUNG FOREVER BY DOING THESE 5 SIMPLE THINGS



Par Aki Triela

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Dtails sur le produit Rang parmi les ventes : #1061751 dans eBooksPubli le: 2013-02-01Sorti le: 2013-02-01Format: Ebook Kindle

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Description :

Prsentation de l'diteurIndeed, you can look young forever without anti-wrinkle cream or expensive plastic surgery. Exposed for the first time, Skin Care Secrets: Look Young Forever by Doing These 5 Simple Things By Aki Triela shows you the simple way to look younger forever.In this book, you'll learn: * Look 10 years younger by doing this simple skin care routine (as proven by scientists) * The #1 cause of wrinkles and skin damage (you might want to avoid this) * How to look younger without make up or plastic surgery (sounds like hype? This may surprise you ...)* Cosmetic is aging you prematurely ... without you knowing it! My #1 rule for buying any cosmetic products. * Japanese women stay young and skinny forever thanks to this diet (I expose their "secret" diet in the book) * The worlds healthiest food, as proven by scientists (eat these and you'll stay young and skinny) * How to get a flat stomach like your teenage self (no exercise required) It's never too late to look young - today is the time for you to shine. Think of this book as a guide

map - just add "action" and you'll get there. Clear and wrinkled free skin is simple, for those who know these "insider secrets." I invite you to read this book - you'll be in for a wild ride. I'll see you on the other side. Prsentation de l'diteur Indeed, you can look young forever without anti-wrinkle cream or expensive plastic surgery. Exposed for the first time, Skin Care Secrets: Look Young Forever by Doing These 5 Simple Things By Aki Triela shows you the simple way to look younger forever. In this book, you'll learn: * Look 10 years younger by doing this simple skin care routine (as proven by scientists) * The #1 cause of wrinkles and skin damage (you might want to avoid this) * How to look younger without make up or plastic surgery (sounds like hype? This may surprise you ...)* Cosmetic is aging you prematurely ... without you knowing it! My #1 rule for buying any cosmetic products. * Japanese women stay young and skinny forever thanks to this diet (I expose their "secret" diet in the book) * The worlds healthiest food, as proven by scientists (eat these and you'll stay young and skinny) * How to get a flat stomach like your teenage self (no exercise required) It's never too late to look young - today is the time for you to shine. Think of this book as a guide map - just add "action" and you'll get there. Clear and wrinkled free skin is simple, for those who know these "insider secrets." I invite you to read this book - you'll be in for a wild ride. I'll see you on the other side.